



YASS HIGH SCHOOL

We value respect, responsibility, safety and learning.

Principal: Linda Langton

Deputy Principals: Andrew Facer & Ruth Riach

Dear Parents, Carers and Supervisors

Recently we have seen an increase in students using e-cigarettes (otherwise known as 'vaping') at school and in the community. We take this issue seriously due to the negative health effects vaping can have on young people, who are often unaware of the risks associated with the practice.

Vaping is the act of inhaling a vapour produced by an e-cigarette or electronic vaporizer. The vapour can contain nicotine and other substances and may expose users to chemicals and toxins which are harmful to health. The devices are small and can be easily hidden in a pocket or bag. The most popular disposable vapes resemble large USB sticks or highlighter pens.



The vapes pictured above contain 5% nicotine, which is the equivalent of a strong pack of cigarettes. Nicotine is addictive and can harm brain development and impact learning, memory, and attention.

The Public Health (Tobacco) Act 2008 was amended in 2015 to define e-cigarettes and e-cigarette accessories to be separate from tobacco products. The Act makes many of the provisions that apply to tobacco products also apply to e-cigarettes and e-cigarette accessories. The Act makes it an offence:

- To sell e-cigarettes and e-cigarettes accessories on behalf of persons aged under 18

- For adults to buy e-cigarettes and e-cigarettes accessories on behalf of persons aged under 18

The NSW Department of Education has advised schools that students should not bring e-cigarettes or e-cigarette accessories onto school premises or use them during school-based activities. Consistent with Department of Education and school policy - **vaping, selling or being in the possession of e-cigarettes will result in disciplinary action our students being reported to their parents and to their home school for disciplinary action.**

We are asking parents to be informed about this ongoing concern and to speak to their children about making positive decisions. Additional information to support parents and students can be found attached and at:

<https://www.health.nsw.gov.au/tobacco/Pages/electronic-cigarettes.aspx>

Watch this video: <https://youtu.be/2BoIFZK0EJg>

Thank you for working with us to keep your children safe and healthy.

Kind Regards,

Linda Langton

Principal
Yass High School
Respect - Responsibility - Safety - Learning
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Student of the Fortnight

Floyd Cummings (CAPA)



Consistent effort in Drama

Stage 4 & 5 Problem of the Fortnight

Stage 4:

Warren and Naida make a list of numbers. They start with 0, then Warren adds 20, then Naida subtracts 1, then Warren adds 19, then Naida subtracts 2.

0, 20, 19, 38, 36,.....

This pattern continues until Warren adds 1 and Naida subtracts 20, which ends up back at 0. What is the largest number in their list?

Stage 5:

When I divide an integer by 15, the remainder is an integer from 0 to 14. When I divide an integer by 27, the remainder is an integer from 0 to 26.

For instance, if the integer is 100 then the remainders are 10 and 19, which are different.

How many integers from 1 to 1000 leave the same remainders after division by 15 and after division by 27?

Expert Panel Discussion with Year 9 Geography Students

Year 9 Geography students have once again been treated to the valuable insights relating to the impacts and responses to climate change here in Yass Valley. CSIRO ecologist, Dr Sue McIntyre of the Australian National University, headed a small panel discussion along with business advisor, Elizabeth Goodfellow, and local Landcare coordinator and farmer, Kylie Kimpton. Together they discussed all manner of impacts and responses, from community and social impacts, to environmental and economic responses. Students had the opportunity to ask questions and see what was taking place in their local community, as well as take away some important tips for how we can all make a difference.



New Teachers Come Together

Each week, teachers new to the school, and sometimes new to the profession, come together to discuss the various intricacies of how Yass High School works. The opportunity to meet across faculties in different parts of the school and meeting with a range of teachers who can share their expertise, is designed to make the transition into a new school as smooth as possible. From how to approach reports, plan excursions and run a sport, through to the critical process of professional accreditation for teachers, staff have the opportunity to ask questions, support one another, and feel a real part of the team here at Yass High School.

“It’s a process based on the latest research in industry, onboarding staff to improve engagement and retention, wellbeing and belonging among new staff,” says coordinator and Head Teacher HSIE, Brendan Roberts. “I know I really appreciated the time spent supporting me many years ago when I arrived, and this is my opportunity to give back.”



Year 12 Construction

The Year 12 Construction team did a wonderful job forming a dish drain at the back of the new STEM building.

This will make a huge improvement to the access at the back of the building where the road and garden were being undermined



Year 7 Engineering Class

Mr. Hansson's Year 7 Engineering class have been busy building their amazing catapults with creative touches. The catapults were built by the students in groups of 4 and 5 with each student contributing to the overall project.



Year 8 Technology Mandatory

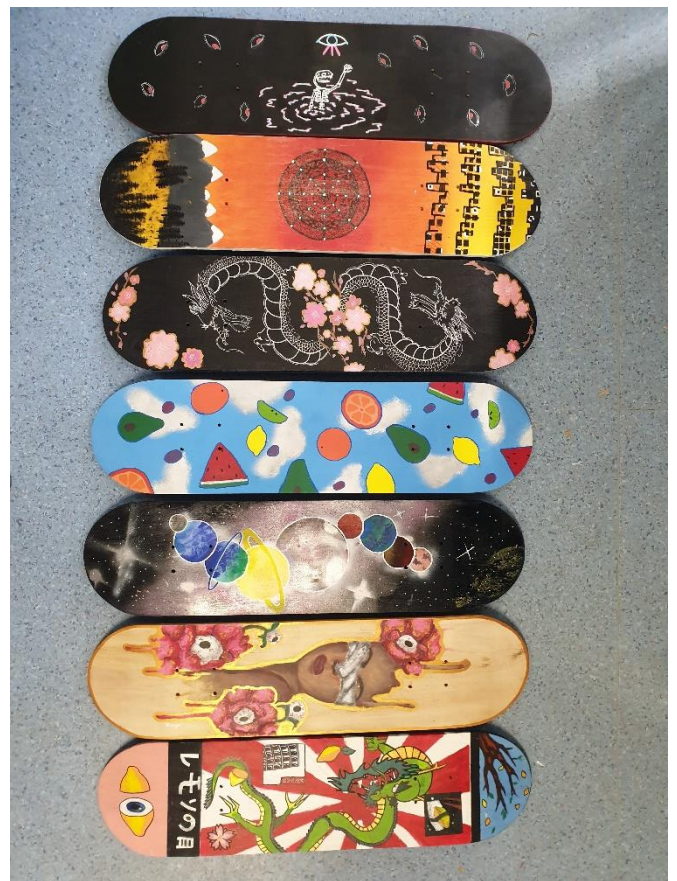
Mr Hansson's Year 8 Technology Mandatory-Wood class. James and Jason should be very proud of their effort in making their amazing folding stool. Well done, boys. I can't wait for the other Year 8s to finish theirs.



Year 10 Visual art

Exploring street art culture and skateboard deck design

Over the past term Year 10 Visual Art students have been exploring a range of street artists and their influence on the design and art world. One of the most interesting aspects of this movement is using public space to make art more democratic and accessible to anyone and everyone. This idea really took hold in the 1980s when a number of mostly American artists created large scale murals with strong social messages and themes.



Students have been exploring the work of Keith Haring, Michael Jean Basquiat and Alice Pasquini. The class has been developing a range of techniques commonly associated with this movement including spray painting, stencilling and tape layering. Students finally had to create a major artwork in the form of a skateboard deck that responded to the street art movement.

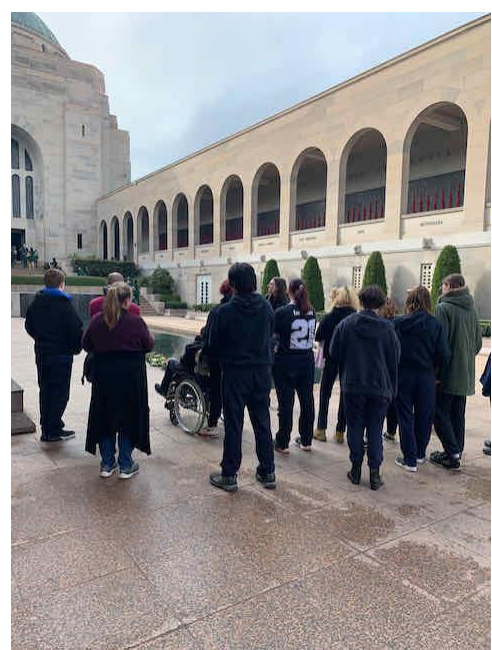
Outstanding results were achieved by all students with a broad range of approaches and experimentation taking place. Students should be extremely proud of the skills that they have developed and the overall high standard of painting and design detailing present in their skateboard decks. Any interested parties (parents, carers, students and friends) will be able to view many of the completed skateboard decks at the CAPA showcase that will be taking place at Yass High in Term 3.



The Learning Hub Excursion to The Australian War Memorial

By Emily Fitzgibbins, with a little help from Felicity Mostert, Sarah Hansen and Julianna Pitt.

On Monday 7th June, we left school at 9.30 for the Australian War Memorial. Mark from Rotary was our bus driver. Everyone was excited and chatty on the bus. We arrived at the War Memorial at 10.30. We had hot chocolate at Poppy's Café. There were lots of Vietnam veterans there as well, as a 50-year commemoration was being held. We looked at the sculpture of a dog who had served in Afghanistan, then we met our lovely tour guide, Joanna, who showed us a little video about war memorials. Our first exhibit was of a dog called Sarbi and of her handler, David. Sarbi was a hidden explosive 'detecting' dog who went missing for 13 months after a huge battle, and was finally reunited with her handler. She was then retired to live with David and his family and lived to be 13 years old. Sarbi's body was on display, together with her special boots (otherwise the heat would have burnt her paws) and the Purple Cross, which is given to animals who have served their country.



We also learned about two brothers named Mark and Ben who fought at Lone Pine. When Ben found out Mark was injured, Ben went looking for his brother but Ben could not find him anywhere. When it was time for Ben to go home, he collected some pinecones for his mother. His mother used the seeds of the pinecones to grow two trees that reminded her of her beloved son. Later, when we were outside the front of the building, Joanna pointed to one of the actual trees in Canberra, which is now fenced off as a memorial.

We saw the poppies on the Wall of Remembrance and we looked for our own surnames on the walls. Alexi Smith found more surnames than anyone else!!!



Joanna then told us about the eternal flame in the Pool of Reflection in the commemorative courtyard. We asked questions about the coins in the water. Joanna told us that some people think it brings good luck but we did not have to throw coins in ourselves.



Then Joanna took a group photo for us before we left. Once we were back on the bus some people decided they were desperate for the toilet, so Mark took us to Duntroon where we eventually found the café. We saw soldiers, barracks, cannons and lots of sporting facilities. Then we headed up General Bridges Drive to Mount Pleasant where we stopped for lunch. We looked at the beautiful view of Canberra and we sat on the canon in the sun. Then we sang all the way back to school via Gold Creek McDonald's.





You and your family are invited to the
**YASS HIGH SCHOOL
ANNUAL**



SCIENCE FAIR

Thursday 19th of August
DOORS OPEN AT 4:30 PM

Finalist presentations at 6 pm

Student projects on display for viewing and "people's choice" voting

Fun STEM activities and demonstrations for the whole family

Sausage sizzle available for gold coin donation

Lucky Door prize

Primary school categories

- Stage 2 Group Project
- Stage 3 Group Project

High school categories

- Stage 4 Pair or individual Project
- Stage 5 Individual Project

Year 10 Science projects are done as a compulsory part of assessment that counts towards their ROSA Grade.

Year 7-9 Yass High students are encouraged to voluntarily complete a science project, and enter into the Science fair, as a wonderful opportunity to extend their Science Skills in preparation for senior years.

Primary schools have received invitations to enter. Ask at your primary school if they have nominated to be involved.



Please email Katrina.flynn1@det.nsw.edu.au with any questions



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Dan Beardshaw



Drawing in Perspective

Melanie Ubleis



Coloured Pencil Drawing Techniques

Kalliope Lyvaki



Drawing with ink and watercolours



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YEAR**



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in prizes



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*Prizes & conditions apply



E-Cigarettes

What you need to know as parents.



If you, or a parent you know, is concerned about the risks of electronic cigarette use in teenagers, the following information provides you with the facts.

WHAT ARE E-CIGARETTES?

Also known as covies, stigs and vapes an e-cigarette is in simple terms a device that heats a flavoured liquid (popular flavours include; strawberry, watermelon, peach and creme brulee) to an aerosol which can be inhaled. The device can be disposable (often allowing for up to 600 inhalations) or it can be reusable by refilling the device with e-liquid or a pod (containing e-liquid). Recent data shows an increase in use of e-cigarettes over the past three years, with one in five students aged 16–17, trying e-cigarettes.

HOW DO THEY WORK?

E-cigarettes produce an aerosol by using a battery to heat a liquid. This liquid is sometimes called "e-juice," "e-liquid," "vape juice," or "vape liquid." The liquid used in e-cigarettes is made up of flavours, chemicals and often contains nicotine.

Users inhale e-cigarette aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales it into the air.

WHAT DO THEY LOOK LIKE?

E-cigarettes come in a variety of shapes and sizes. They can be as small as a USB and even look like one, they can also look like pens, highlighters or cigarettes.



WHY ARE THEY UNSAFE/RISKY/DANGEROUS?

E-cigarette liquid is made up of different chemicals. These chemicals can include:

- Nicotine (although illegal without a prescription in Australia, many disposable devices that youth are using contain nicotine.)
- Flavorings such as diacetyl, a chemical linked to a serious lung disease
- Volatile organic compounds
- Cancer-causing chemicals
- Heavy metals such as nickel, tin, and lead

Studies have also shown that kids who use e-cigarettes are more likely than their peers to go on to smoke cigarettes.

Effects of nicotine on youth:

- Nicotine can harm the developing teenage brain.¹ The brain keeps developing until about age 25.
- Using nicotine as a teenager can harm the parts of the brain that control attention, learning, mood, and impulse control.¹
- Each time a new memory is created or a new skill is learned, stronger connections – or synapses – are built between brain cells. Young people's brains build synapses faster than adult brains. Nicotine changes the way these synapses are formed.
- Using nicotine as a teenager may also increase risk for future addiction to other drugs.¹

WHAT CAN I DO AS A PARENT?

The KEY is talking about e-cigarettes with your child, preparing yourself with the facts and role modelling with a smoke and e-cigarette free environment. KEY considerations for talking about e-cigarettes:

K: Know the facts or where to find them from a reputable source

E: Engage on the topic in a relaxed and easy way. Use the cues around you, a note home from the school, a person using a device, a story on the news as the way into the conversation and the way to keep talking about it ongoing.

Y: You know your child, communicate with them in ways that work for you and allow you to provide them with the right information to make healthy decisions.

Important note – if you are concerned that your child may be experiencing nicotine withdrawal please speak to your paediatrician or doctor.

For advice on existing evidence based methods to quit call the Quitline on 13 7848 or find online support here: www.cancerCouncil.com.au/cancer-prevention/smoking/quitting-smoking/

More information on e-cigarettes can be found here:

www.cancerCouncil.com.au/cancer-prevention/smoking/electronic-cigarettes/



THE CRITICS' CHOICE

The health effects of tobacco smoking and e-cigarette use

Effect of tobacco smoking on your health:

- Smoking is the main cause of **preventable** death and disease in Australia!
- Smoking is linked to **40+ diseases**, including lung cancer, liver cancer, emphysema and eye and mouth diseases.
- When you smoke, extremely harmful chemicals enter your **body and can reach your heart, brain and go everywhere your blood flows**.
- **Smoking affects how you look and feel.**

Effects of e-cigarette use on your health:

- **E-cigarettes contain chemicals that haven't been tested for safety** when inhaled into the lungs.
- E-cigarette makers don't list all their ingredients and it can be hard to find out what they are. Some e-cigarettes contain nicotine even when they are labelled "nicotine free".
- Nicotine is **highly addictive** and can harm your brain development.
- Studies have shown that young people who use e-cigarettes are **more likely to smoke** and become addicted to cigarettes in adulthood.

Smoking can:

- Stop your lungs growing properly and make you less fit.
- Give you tooth decay and sore or bleeding gums.
- Make you wheeze or trigger an asthma attack.
- Cause addiction to the drug nicotine.

Using e-cigarettes can:

- Make you wheeze or trigger an asthma attack.
- Make you moody, anxious and irritable.
- Expose your lungs, body and brain to harmful chemicals.
- Cause addiction to the drug nicotine.

Smoking and e-cigarettes affect your brain:

Your brain is particularly sensitive to the effects of nicotine. Your brain is still developing until you are about 25 years old, so if you use nicotine your brain may not be able to properly develop. This means that you are more likely to develop anxiety and mood disorders.

What does all this mean for you?

Smoking or using e-cigarettes:

- is bad for the health of your body, lungs and brain
- costs a lot of money and can mean you miss out on doing fun activities
- exposes you to addictive and unknown substances
- gives you yellow teeth and unhealthy gums.

By choosing not to smoke or use e-cigarettes you are setting yourself up for a healthier and happier life!

Online Enrolment Project

The following collateral can be used to share the launch of the Online Enrolment system with your local school community.

Social Media Content

The following content can be used on any social media posts after the 3 May

Online enrolment for new students is now available at our school! If your child lives within the local intake area of our school and is an Australian or New Zealand citizen, you can make an application for enrolment through our school website under the 'Enrolment' tab. For further information please call the school on ~~xxxx~~.

Newsletter

This following content can be published in your school newsletter.



We are excited to announce we ~~will be~~ are rolling out the new Online Enrolment System from Monday 3 May 2021

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into local schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#).

Further information about online enrolment can be found on our website [here](#).

Coming Events

Date	Event
Friday 11 June	South Coast Cross Country – Cambewarra
Tuesday 15 June	Whole School Assembly
	Small Schools Athletics Carnival – Victoria Park – Community Students
Wednesday 16 June	Bangarra Excursin – 7am
Thursday 17 th June	White Card Training - TAFE
	Berinba Athletics Carnival – Community Students
Monday 21 June	NSW CHS Open Touch Boys – Inverell
	Goulburn Netball Cup – 7.30am
Tuesday 22 June	Zone Athletics – Bruce Stadium
Thursday 24 June	HSC Biology Day – 9:00 – 3:20
Friday 25 June	Last Day Term 2
Monday 12 July	Pupil Free Day
Tuesday 13 July	Students Return



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- Australian Childhood Foundation • Oz Child



Initiative of
ACT
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A Step Up for Our Kids –
Out of Home Care
Strategy 2015-2020
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Contact us today:
1300 WEFOSTER
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