



YASS HIGH SCHOOL

We value respect, responsibility, safety and learning.

Principal: Sandra Hiscock

Deputy Principal: Louise Pinson

Skate Park Extension



Patchy weather didn't dampen the spirits of some of the school's skateboard aficionados, seen here with Principal, Ms Hiscock, on Friday 17th August when they demonstrated their skills in front of an audience including the NSW Minister for Sport and Recreation, Graham Annersley, local member, Katrina Hodgkinson, representatives from Yass Valley Council and community members. The minister presented a cheque for \$55,000 to the Yass Valley Youth Council which will be used along with \$75,000 from Council to upgrade the skate park facilities, currently used by about 50 regular riders. Improvements should be ready for the Christmas school holidays, all going well.



Aboriginal Uni Outing

From the Principal's Blog



by: **Sandra Hiscock**

Last updated 12 August 2012, 04:18 PM

Great to hear that nine of our Aboriginal students enjoyed an informative evening last Thursday at the Australian Catholic University in Watson ACT where they were treated to dinner and presentations on career options, university life and possible areas of achievement. Many thanks to Mrs Mironov and Mr Buffington who voluntarily accompanied the group and who reported back that it was good to see the students so interested and involved.

August 2012

Holiday Studies

Two students from Yass High School were selected from a competitive field to participate in holiday workshops for gifted and talented students in the Faculty of Education at the University of Wollongong in July. Brooke Hardy of Year 7 honed her skills in the Creative Writing workshop and Jacob Basalama of Year 7 extended his expertise in the Secure Communication workshop.

Called “Learning Labs”, the program requires applicants from Years 7-10 to provide qualifying information that indicates they can work at a Year 11/12 level in their area of interest. This might include a teacher recommendation, academic scholarship, placement in a selective class or school or a score within the top band of NAPLAN. Well done, Brooke and Jacob, both for gaining acceptance and for devoting holiday time to your areas of interest. Hopefully others will take similar advantage of the program in future.

Courage to Care

On Friday 10th August students from Years 9, 10 and 11 attended the Courage to Care Exhibition at the Goulburn Art Gallery. The exhibition explored the issue of bullying and focused primarily on the by-stander rather than the perpetrator. The message that was conveyed to us is that we as students are all responsible for the atmosphere we create around us, and that violence, harassment and torment can be witnessed at any time. We can choose to stand by and do nothing or be proactive, take a stand and say no.

As part of the seminar we listened to an amazing and heart-wrenching talk from a Holocaust victim that survived the Second World War. The underlying message he presented was that he would not have survived if it were not for the courage and help of others. The slogan of the Courage to Care seminar was “What hurts the victim most is not the cruelty of the oppressor but the silence of the bystander”.

Admin Staff Changes

Adieu to Lois Vitler. Lois has now officially retired after 20+ years as the School Assistant in the Library. Lois is leading a very busy life now looking after her beautiful grand-daughter. She says it was easier to come to work and that she does miss our students.



Welcome to Julie Owers as a new permanent member of the School Admin & Support Staff. Julie came to us from Boorowa Central School where she worked for the past 12 years. Julie worked in Infants/Primary assisting teachers in the classroom and organising their teaching resources and office supplies. At Yass HS Julie is now in the Front Office learning our receipting/banking procedures as well as how a very busy office functions.



A small gift to show

HUGE APPRECIATION and THANKS

The Yass High School 'We've Got Talent' Quest has embedded itself into the culture of Yass High School.

Since 2009, students have been invited to showcase their talents and achievements to what has always been a 'packed house'. It continuously provides Yass High students with the opportunity to explore different aspects of the Creative and Performing Arts, and Entertainment Industry.

The event itself was created through the foresight of valued community members, Mr and Mrs Blinman. Their continued sponsorship has made such a positive impact on our students and school culture. It was with great appreciation that we were able to invite them to the school to receive a small gift of LOTS of THANKS.

HSC Countdown

Year 12 students have completed their Trial HSC and are in the process of fine-tuning for their “grand final” only weeks away. It is impossible to underestimate the importance of building *confidence* and *wellbeing* through this period, especially with the full support of family and friends.

It’s also important to keep things in perspective: much of the good work has been done and, while a top HSC is a great entry to further studies and careers, it is neither the “be all and end all” nor the only road to a meaningful and valuable future.

Best wishes to all Year 12 for a fruitful preparation and much deserved success in their exams.



The Board of Studies website has some great resources to help HSC students prepare for their coming exams. www.boardofstudies.nsw.edu.au/hsc_exams/

For example:

Test yourself with a multiple-choice question quiz

Test your knowledge answering multiple-choice questions from past HSC exams with an online multiple-choice question quiz. Choose from a range of subjects and launch a quiz – all questions are automatically marked and the correct answers are shown at the end of your quiz.

Preparing for the exams

Students Online features a range of advice and information to help students prepare for the written and practical exams. The Tips and Tools section includes study tips and materials, as well as what to expect in the examination.

Exam rules and procedures

The main rules and requirements for HSC examinations are set out in the Rules and Procedures for Higher School Certificate Candidates booklet, issued to every student when they begin their HSC study, and every student – by signing their Confirmation of Entry form (PDF) – agrees to abide by these rules. Each year a relatively small number of HSC students are reported for breaching examination rules. Read more about exam rule breaches.

A Big Thank You to.....

It's always hard to count exactly how many students would visit the Brekky Club in any week, or over the course of a year. This year alone, so far, it's estimated we have enjoyed offering around 6,500 servings of a variety of Brekky foods, from Milo and fruit juice, to fruit and cereal. By the end of the academic year that figure is estimated to reach about 10,000 serves.

Established at Yass High in 2004, the Brekky Club continues to be a valuable part of Yass High School life. All students are invited to visit and enjoy the unique environment which is offered by the Brekky Club.

Operating each school day, it is a place for every student to have the opportunity to begin their day on an equal basis, in a secure and fun environment.

The Red Cross and Dairy Farmers have been consistent and valuable contributors to our Brekky Club. 'Narrangullen' contributed a much appreciated donation in 2011, and previously Martins General Store and Paul Ellis from Fielders bakeries have been important contributors.

It is with sincerest thanks and much gratitude that we welcome
Yass Valley Properties
as a valued supporter.

Without the support of our local community and local businesses, the Brekky Club would not be able to provide the positive outcomes it offers to all our students, and their families.

We are a comprehensive high school, offering a broad curriculum, helping to create future citizens of our strengthening community.



A new working group at Yass High is aiming to form stronger relationships between school and community to enable and encourage students to gain appropriate courses and pathways, useful qualifications and employment locally.

Students will engage with school and community, achieve their potential, and improve their performance and attendance at school and work.

The proposed group will bring together Yass Valley Council, Yass Chamber of Commerce, Yass High School and the Yass Community of Schools.

The first step is to survey parents and student to get their input on how we should proceed with the establishment of the group. Parents and Students are asked to give their input at

PARENTS - <http://www.surveymonkey.com/s/S2F25QJ>

STUDENTS - <http://www.surveymonkey.com/s/S2GDN7L>

to identify curriculum and vocational aspirations and help us work together. Students will also be surveyed in class time and these links are on the school website and posted out to parent emails.

Showing SAFETY: no ‘mucking around’

At a recent school assembly, students were reminded that ‘mucking round’ will not be tolerated at the school. There is a fine line between ‘mucking around’ and students getting hurt. Pushing, shoving, ‘rough play’ and throwing objects are unacceptable as, in a large community including so many young people, safety cannot be guaranteed if such activities are allowed.

Parents and students are reminded of our ‘Hands Off’ rule. Following this will keep Yass High a safe place for all.

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a blue rectangular background.

Computer technology has opened up lots of opportunities for positive interaction between people through social networks such as Facebook, but the sheer size of the networks and ease of access for anyone worldwide mean that inherent risks have to be managed sensibly.

In an article from the Sydney Morning Herald, cited by the **Kids Help Line** which can be accessed at <http://kidshelp.com.au/teens/get-help/phone-counselling.php>, Dr Ramesh Manocha and Helen Splarn offer some simple online management strategies, including -

Tell young people:

- **Never ever** arrange a face-to-face meeting with someone they have talked to online;
- **Never ever** post pictures of themselves onto the Internet or send them to someone they do not personally know;
- **Never ever** give out identifying information such as their name, home address, school name, or telephone number.

Social networking has also produced the relatively new phenomenon of **cyber bullying** which experts suggest can be just as soul destroying as the physical variety. Specialists from the Department of Education have put together some excellent advice for parents and carers for the protection of young people at –

<http://www.schools.nsw.edu.au/media/downloads/schoolsweb/studentsupport/behaviourpgrms/antibullying/cyberbullying.pdf>



by: Sandra Hiscock

Principals Meeting

From the Principal's Blog



Last updated 12 August 2012, 04:21 PM

After a convivial gathering for an enormous tasty dinner at the Thunderbird Motel in Yass last Thursday night, I joined about 30 secondary principals at a regional conference at Boorowa Central School last Friday 10/8 where I was particularly impressed by the terrific new facilities added to that school in recent years. After an inspiring seminar on developing school culture led by Bruce Sander AM of Bulli High and an informative session on managing complaints and staffing issues from Liway Johnson and Jo O'Brien of EPAC, we were treated to a magnificent light lunch of delicacies put together by Boorowa's hospitality students. The conference was particularly beneficial to me as I was able to exchange practical ideas on curriculum, timetabling and staffing structures with principals from schools of a similar size to Yass High.

Footwear for staff and students in the general school environment

The Department strongly recommends students and staff wear footwear that is suitable for walking on a number of different surfaces during the working day (e.g. stairs, playgrounds, grass and sports fields).

Footwear which is suitable for the general school environment means enclosed shoes, which are flat shoes or shoes with a minimal heel, that have a good grip and fit well. Students doing PE should wear a suitable sport shoe.



Safe footwear for Industrial and practical workshop areas

In accordance with the *Safe Working Policy*, the Department has identified areas of its workplaces where appropriate footwear must be worn by staff, students and visitors to ensure their safety.

Areas where enclosed leather footwear is required are:

Industrial Arts and trades workshop areas, Science laboratories, Canteen or Food Technology (Kitchen) areas.

Cotton materials, open footwear or high heeled shoes are not permitted in these areas. If students present for a class or activity with inappropriate footwear the student will be offered alternative educational activities until they are wearing appropriate footwear.



Lifting the bar in Armidale

On 16th August, Dave Anderson and students travelled to Armidale to compete in the Armidale Weightlifting Competition with big results. These included:

Jamie Hansen Year 7, was 1st in the Under 46kg class lifting 35kg.

Chris Loney Year 9, was 3rd in the Under 91kg class lifting 85kg. He also broke the Under 15 Australian record which was 80kg.

Greg Holloway Year 12, was 1st in the Under 83kg class lifting 105kg. He broke the Under 19 Australian record.

Josh Hall Year 12, was 2nd in the Under 83kg class lifting 90kg.

Jamie was interviewed by a TV crew after his competition was over. He did an excellent job representing Yass High.



Yass High School Students Represent Australia

With the Olympics and Paralympics filling the media, and the great sporting tradition of Yass High, we would not be surprised to read that we have students representing Australia. Our students were representing in another way. This competition was about how prepared students are for adult life. The Programme for International Student Assessment (PISA) focuses on the skills necessary to cultivate life-long learning. It involves 70 participating countries and is run every three years by the Organisation for Economic Co-operation and Development (OECD).

Students were selected randomly from a specific age range across the world to answer some questions in mathematics, science, reading and financial literacy, as well as their experiences at home and school. Most also did a test on computers.

All students who competed will receive a student profile, certificate of participation and a small gift. Their results will be used to compare the performance of students from different countries and used by education systems around the world to find out what we are doing well and what we need to improve.

Some of the students were initially reluctant to represent their country but most found it was not as stressful as they had thought. Most found the variation to their daily routine challenging and the questions interesting. Students' identities are kept confidential to ensure fairness.

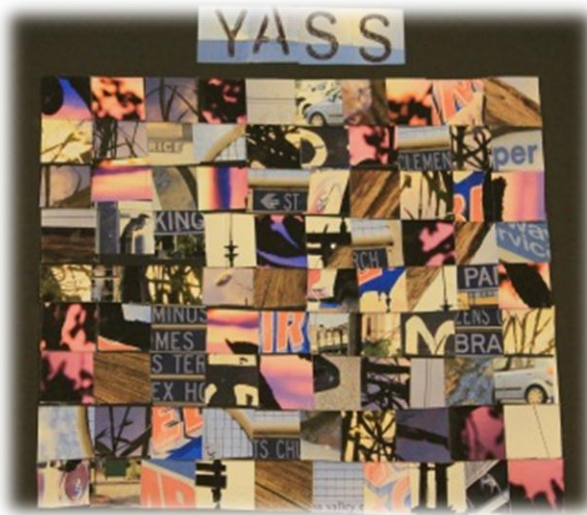
Thanks to our students who represented their country with pride and contributed their opinions and perceptions on their education here in Australia.



Showing RESPONSIBILITY: following our mobile phone/iPod policy

Most of our students understand, accept and follow our policy regarding mobile phones and iPods – that they are off and away unless required, by the teacher, as a learning tool. Bringing these devices is discouraged and the school takes no responsibility if they are lost. If phones or iPods are visible or audible during class time, students may be asked to take them to the Front Office where they will be kept until the end of the day. If this happens on more than a couple of occasions, parents may be asked to come in to collect the item.

Parents are reminded that they can contact the school on 6226 1711 and get a message to their son or daughter at any time during the day.



This is my collage of Yass for the “My place my home” assignment. I took a lot of photos on the main street of Yass and others in Bowning. I printed them off and cut them up into 3cm squares. Then I chose the ones I wanted according to contrast and colours. I organised and reorganised them until I was happy with it. After that I got thick cardboard and cut it to size, then used spray adhesive to glue my pictures down. For the title I got the leftover pictures of the sky and cut them to size. I was happy with my efforts towards this piece although I think I would have changed how I approached it if I had more time.

Hannah Cole Yr 9 – Photographic Collage.

I created a drawing of a koi fish swimming around in a pond. I drew it using different types of pencils ranging from 2B – 8B and HB on white paper. I learnt to use tone, and line better. I think my drawing is okay, I like the way the koi fish are set out, making it look like they're swimming. – **Jarrold Clifford Yr 11 – Drawing in lead pencil.**



In this topic we had to make several tiles for the school pizza oven, down in the AG plot. I have made a total of 10 tiles and my favourite design was my pumpkin tile.

I made the tile by slowly making sure that the clay was nice and smooth and the clay wasn't bent or anything, I then grabbed the circle shape which I pressed into the clay and cut out. After that I then carved the

pumpkin design into my clay and it was ready to be fired. After it was fired once I then had to paint the tile. I painted the pumpkin a nice bright orange, and the stalk a lovely green, while the background I did a cream colour.

I fired it for a second time and put about 2-3 layers of glaze over the tile and it was fired for a final time then it was complete.

After completing this tile I have learned how difficult it really is to make tiles without them breaking or being damaged at all. You have to be very careful.

I'm actually really impressed with the tiles that I made, they are each made really well and I actually had fun making them. The only thing that I could improve on would be the few lumps of glaze that went all glass like after the last firing session. But other than that I really enjoyed completing the tiles – **Olivia Mercieca Yr 10 Ceramic Tile.**

Saving on Power

We haven't seen a lot of the sun in the last few winter weeks, but already the 26 photovoltaic panels installed recently on the roof of the canteen have been generating up to 4.5 kilowatts per hour of electricity for two or three hours in the middle of the day providing a considerable saving on the school's ever-increasing power bills.

Yass High School was fortunate in successfully applying for the 5kwh solar electricity generation unit under the National Solar Schools Project funded by the federal Department of Climate Change and Energy Efficiency. The system links directly into the school's power supply system and any excess feeds back into the external grid. The system's contribution and effectiveness can be monitored day by day or over longer periods of time through an elaborate computer program installed in the school's system.

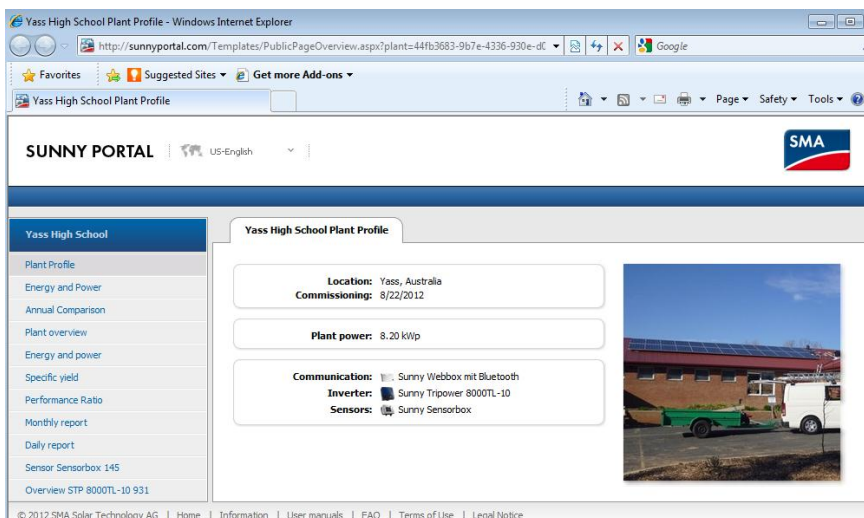
Australian Government's National Solar Schools Program (NSSP)



The system monitors energy production and feeds it to a portal where students can learn about alternative energy production and the contribution to environmental factors. The data is freely available at

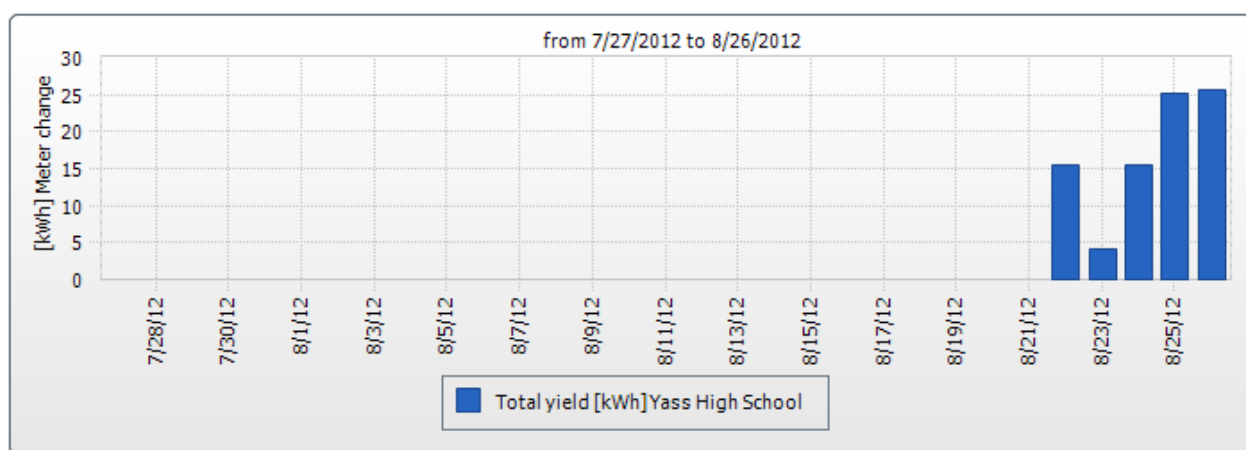
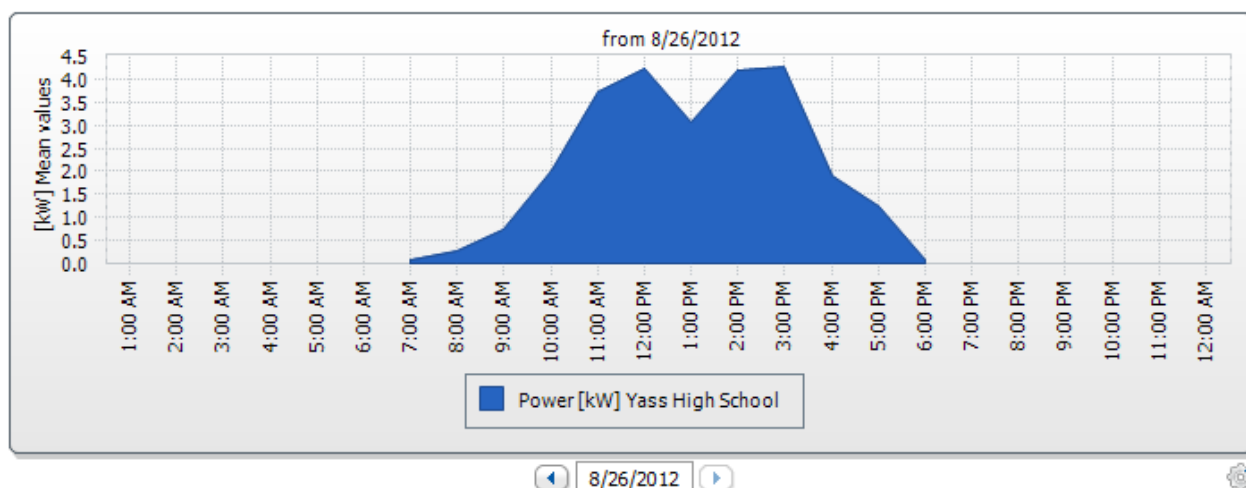
<http://sunnyportal.com/Templates/PublicPageOverview.aspx?plant=44fb3683-9b7e-4336-930e-d0ab07b7618e&splang=en-US>

Or by going to <http://sunnyportal.com> clicking on “publicly available plants” and searching for “Yass”.



Yass High School has an active Environment Committee of students and staff who carry out activities designed to improve the school and local environment. They have made huge changes at the school in the last few years with the harvesting of rainwater, recycling, and now the alternative energy and monitoring of energy usage.

INSTALLATION	EDUCATION	MAINTENANCE	INTEGRATED PLANNING
<ul style="list-style-type: none"> •Step-by-step project management. •Qualified and highly experienced installation teams. •Full system report at conclusion of install. •Designed to Australian standards 	<ul style="list-style-type: none"> •Set-up of student portal for web-enabled monitoring. •Data collection for energy auditing. •Free seminars and educational material. 	<ul style="list-style-type: none"> •24 months free on-site service. •25 year warranty on panels. •Ongoing, plain english service agreement available. 	<ul style="list-style-type: none"> •Collaborative long-term planning for future climate change initiatives. •System extension options.



Showing **LEARNING**: attend all classes

A vital factor in school success is attendance at school. A recent attendance review highlighted a number of concerns regarding school attendance. Students should be at school every day, unless they are too sick to come and learn.

Occasionally there may be an important family or community event which prevents students attending school. Reasons for absence must be given to the school as soon as practical. Many parents ring the school in the morning to explain why their son or daughter won't be attending and this must be done if the student has an assessment task on the day. Students are expected to go to roll call and then to each lesson unless they need to report to sick bay. Teachers mark the roll each lesson and students who do not attend are recorded with an 'Unjustified Absence'. They must make up the lost time and complete missed classwork.

Parents and students are reminded that sport is a part of the curriculum from Years 7 to 11 and students are expected to participate in one of the wide range of sports available at the school.

Celebrate Attendance

Hints and Tips No. 2: Teaching good habits



It is important for parents to make attending school a priority.

Allowing children days off for birthdays, to look after younger children, to go shopping, to keep you company or because they were tired from a late night, not only sends the wrong message to your child, it is also against the law.

Children who get used to having days off school for these kinds of reasons develop an attitude that their attendance at school is not very important. This can become a big issue as a child gets older.

Teach your children that being on time is important. Children that are often late to school miss the part of the school day when the teacher explains new activities. The beginning of the day is also when many students are freshest and can concentrate better.

Students that are late on a regular basis may become the target for comment by other students and often as a result isolate themselves from their peers.



Missing school leaves gaps in your education

Celebrate Attendance

Hints and Tips No. 3: Writing notes



Parents or caregivers are required by law to provide an explanation to the principal to say why their child was absent from school.

A note of explanation should contain:

1. Date that the note was written;
2. Child's name;
3. Days/dates the child was absent from school;
4. The reason the child was absent;
5. The signature of the child's parent or caregiver.

If more than one child from the same family has been absent a separate note for each child should be written.

A note should be brought to school on the first day the student returns to school after an absence. Your school is required to investigate all unexplained absences (where a child has been absent and no explanation has been received) within two days.

Did your child give the note to their teacher? This can sometimes be a problem with younger children.



Missing school leaves gaps in your education

School Uniform – The Story So Far..... P&C

There has been a lot of discussion this year, in and out of the school, about our current uniform. The issue was brought to the attention of the P&C at the March meeting by parents who were questioning the need to have a different colour uniform for boys and girls. Issues with sourcing suitable grey pants, in particular microfiber tracksuit pants, were raised and the idea of boys wearing the navy blue sports option everyday was presented as an idea.

The initial response from the P&C was that the possibility of changing the boys to navy blue was worth investigating further. The P&C also wanted to look at the options of having our school uniform available locally.

Samples of possible uniform options were presented at the May meeting and the decision to continue with investigations was made. A presentation was also given to the SRC and their opinions sought. The SRC was in favour of all students being in navy blue but a wide range of styles were favoured.

An online survey was created to gauge the opinions of all groups within our school community. Possible navy blue options for all students were displayed at the Semester 1 Celebration Assemblies in July and verbal feedback was given to the P&C. The P&C began working with 2 local businesses who showed willingness to stock whatever uniform items were decided upon by the school community.

At the August P&C meeting the results of the online survey were discussed. The majority of the respondents were parents who supported Yass High School having a uniform and who supported the idea of changing the uniform so all students were in navy blue bottoms. The survey showed that a variety of styles would need to be considered to accommodate the wide range of students at Yass High School. The survey also showed that most parents were happy to support a local supplier if prices were kept reasonable.

The lack of student responses was identified as a problem. The students needed to have more input into the decisions on school uniform. A short paper survey was given to both staff and students in Week 5 of this term. This allowed the P&C to gain the thoughts of over 300 of our students on their school uniform. A group of students from across all years have formed a student uniform committee and discussed all relevant issues on Thursday last week with P&C representative Mrs Sharon Kemp. The results of this survey and the student committee discussions will be presented at Monday night's P&C meeting. Discussions will then take place and a recommendation on our schools uniform will be made by the P&C to the school executive.

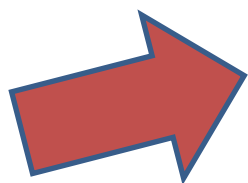
Please note that any changes to the school uniform would be phased in over a 12 month period starting in 2013. The school would not expect families to purchase new items immediately but wait and replace as existing uniform items have been outgrown.

Any further comments can be directed to P&C President Mr Andrew Southwell or to the P&C via email at yhsuniforms@gmail.com.

Canteen seeks Helping Hands

Concern was expressed at the recent P & C meeting that the canteen needs more volunteers to share the load. It was stressed that commitment to a regular time or day is not necessary and that any occasional help would be greatly appreciated. Please phone 62261711 or just call in at the canteen if you can spare the time.

A number of issues were canvassed at the meeting, including the current evaluation of school attendance as well as the ongoing parent and student surveys regarding school uniform and its upgrade. Volunteers are also needed to help with the annual fundraising barbecue in Belconnen on October 28th, the final planning for which will be discussed at the next P & C meeting on September 3rd. It would be good to see a few more people having their say, so please come along.



Yass High P&C are operating a BBQ at Bunnings Belconnen on Sunday 28th October. This is the only fund-raising the P&C does all year to pay for the costs of operating the P&C such as insurance, Presentation Night Awards, grants to students in State or National teams etc. If you can help out for an hour or two it would be greatly appreciated. Contact Andrew Southwell (62272260) for more details or to indicate what hours you can help.

Staying in bounds

Students are reminded that there are designated places to go during break times. At recess and Lunch 1, junior students can be in the canteen or quad and seniors may also use the Year 11 and Year 12 areas. During Lunch 2, the park (a passive area) and oval (a place for active play) are also available. The car park and road leading off the school grounds is out of bounds as are areas beyond the quad, behind the science block and around the demountables. If students are unsure where they can go, ask the teacher on duty. You should always be within their range of sight.

Keep safe, keep in bounds.



Careers News

Year 11 students who are interested in visiting **University of Wollongong** next year for **Discovery Day** should let Ms Robinson know soon.

In 2013, Discovery Days will be held Monday 4 February– Friday 8 February 2013. UOW's Discovery Day assists students with their tertiary Education decisions, and is a great day. To see student and school feedback on the day, and to view photo galleries from past Discovery Days – please refer to the UOW Facebook page – [Facebook.com/uowfuture](https://www.facebook.com/uowfuture) or our Discovery Day website – www.discoveryday.uow.edu.au

UOW's Discovery Day program is aimed at Year 12 students interested in future university study by providing them with an insight into student life including enrolment, subject selection and the experience of attending university classes in their areas of interest. Discovery Day aims to provide year 12 students with an opportunity to experience, for a day, life as a university student. For example; finding their way around the campus, reading timetables and attending classes.

The University of Sydney is holding a new event called **Life at Sydney**. It will provide future students with the opportunity to experience what it's like to be a University of Sydney student. It will be in the next holidays on Tuesday 25th September. Talented Year 11 students, who have strong leadership qualities, are well rounded in all aspects of school life and have a range of academic interests, are encouraged to apply. Let Ms Robinson know soon in person or by email.

Responsible Service of Alcohol and Responsible Conduct of Gambling courses.

RSA & RCG will be held at Yass Bowling Club on Wednesday the 19th and Thursday the 20th September. The cost is \$220 for both. Permission notes are available from the front office and the Careers room.

UTS Careers In Science.

This fabulous opportunity for Year 11 is sponsored by the Country Education Foundation. Six talented Science students will be invited to travel to The University of Technology Sydney, in the centre of Sydney across the road from Central, to explore careers in Science and to experience life at a large city university. All transport, meals and accommodation are paid for by the CEF.

Masquerade Social

Come along and enjoy a night of dancing and fun at the **MASQUERADE SOCIAL** to **FAREWELL YEAR 12**. This will be the last time to jive with the senior students and have a laugh and share a joke.

Extended sale of tickets-Mon 3rd August to Wed 5th August, lunch time in quad.

Come and make a mask – lunch time Wed 5th and Thurs 6th for \$5 in T2. Shapes and decorations provided, you just have to be handy with the hot glue gun!

Bought to you by the SRC.



YASS FOOTBALL CLUB INC

SUMMER FOOTBALL REGISTRATION DAY

WEDNESDAY

12TH SEPTEMBER 2012

4.00 PM – 6.00 PM

@ WALKER PARK



In the event of poor weather we will be in the Change Rooms

REGISTRATION FEE

1ST & 2ND player (same family) \$50.00 per player
Additional family members \$25.00 per player



The Competition is for Children from Kindergarten to Year 12

For further information go to www.yassfc.com.au

Player numbers limited

Late Registrations will go on a waiting list

Enquiries – Jodie Gallagher 0400 260172

Drew Gallagher 0408 633143

Registration forms are available from www.yassfc.com.au

Yass Relay For Life

Yass Shire Relay For Life is coming up on 15th/16th September and we invite your school to be part of this great event. It's not a race! It is a community event to CELEBRATE cancer survivors, REMEMBER those we've lost, and FIGHT BACK against cancer by raising money for Cancer Council NSW. You can register a team, make a donation, attend on the weekend, or hold a mini-relay at your school.

For more information, contact Mandy on 0408 449 484 or Deb on 0402 262 274, or visit www.relayforlife.org.au

Event Details

Yass Shire Relay For Life

10am Saturday 15th – 10am Sunday 16th September

Yass Showground

www.relayforlife.org.au



A Special Invitation...

Cancer survivors and their carers are invited as VIPs to the Yass Relay For Life 2012. On 15th September at 10am, following the Opening Ceremony, cancer survivors and carers in our community will kick-start the event. They are then invited to enjoy a free morning tea after their lap. Relay For Life is not a race – it is an event to celebrate cancer survivors, remember loved ones we have lost, and to fight back against the disease. The event will start at 9.30am on Saturday 15th September and the entire community is invited to join in the celebrations.

**IT'S SUMMER
IT HAS TO BE
CRICKET
WITH YOUR
FRIENDS**



This summer we're looking for the next generation of bowlers, batters and catchers. There's lots of ways you can get involved in cricket with your local club, association or indoor centre.

Sign up now with your local club or find out more at...

playcricket.com.au

YASS COMMUNITY HEALTH CENTRE

Services are free, strictly confidential & open to all Yass shire residents. People can refer themselves or they may be referred by their family, doctor or another agency. The services include:

Aboriginal Liaison Officer- who provides health information, education, facilitates access to health services and general support to the local Aboriginal community.

Child and Family Health Nurses- offer a home visiting service to all families of newborn babies after discharge from hospital, and follow up in clinics. The clinics are located at Yass, Murrumbateman and Binalong, providing support and advice to parents, growth and development screenings, and information on a wide range of issues for parents of children 0-5 years.

Community Nursing and Palliative Care- who provide a home visiting service to clients. This service assists people to remain in their own home through liaison with doctors and other service providers.

Dietitian/Nutritionist- who provides assessment and advice on all nutrition related issues including diabetes, weight management, cardiac disease, pregnancy/breastfeeding and other chronic conditions.

Drug & Alcohol Service- A free and confidential service for individuals, families or friends offering information, referral, education, assessment and counselling on all drug and alcohol related issues including withdrawal assistance and case management for opioid treatments.

Family Ties- is a volunteer home visiting service that offers practical help, friendship and support to families with babies and young children who may be experiencing difficulties, isolation or other parenting challenges.

Generalist Counselling- Provides support, education and counselling for individuals and families experiencing emotional, social and behavioural issues.

Immunisation Service - Immunisation clinics are held for children on 1st and 3rd Fridays of the month by appointment.

Mental Health- Provides Mental Health assessment, case management, referral, counselling, education, advocacy and treatment for people with a Mental Illness and their families and carers. The Mental Health Service is a free and confidential service and is offered to all ages. To access the Mental Health Services please phone: 1800677114 (24 hours).

Occupational Therapy - Provides assessment and therapy for adults and children who experience difficulties with activities of daily living.

Oral Health Service - Provides assessment, advice and treatment for oral health and hygiene for adults holding a pension or health card and all children up to the age of 18. All enquiries via the Oral Health Intake Service on 1800450046.

Child Protection (PANOC) Worker- Provides a therapeutic counselling service to parents, carers and children where risks of harm issues, including the impact of domestic violence, have impacted on the well-being of children. Referral to this service is through DoCS. Our social worker is also available to discuss any of your concerns in a confidential and supportive way.

Physiotherapy- Provides assessment, therapy and advice, with an aim to maintain or restore physical function. We also have various exercise and education groups including; Tai Chi, Cardiac and Respiratory rehabilitation, and falls prevention.

Sexual Assault Counsellor- Provides counselling support and information to victims of sexual assault and non-offending family and friends. Speech Pathologist - Provides assessment, therapy and intervention for infants, children and adults with language, communication and swallowing difficulties.

Women's Health Nurse- Provides a women's health clinic for Pap smears, breast checks, Chlamydia screening for young women, pregnancy testing, and information and referral on any women's health issue. Tel: 62202119 for more information.

Yass Community Health Centre is located in the hospital grounds in "Sheahan House" 143 Meehan Street, (Locked Bag 1000) YASS NSW 2582

PHONE: (02) 62202111 FAX: (02) 62202116

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WEP is also offering Early Bird Specials for programs departing in July-Sept 2013!

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- Visit www.wep.org.au and request a free information pack
- Attend one of WEP's information evenings
- Call 1300 884 733 (for the cost of a local call)

CARERS UNITE

ADVOCATE

SUPPORT

EDUCATE

Foster Care
ASSOCIATION
NSW Inc.



Foster Care
ASSOCIATION
NSW Inc.



CARERS UNITE

ADVOCATE

SUPPORT

EDUCATE

COME JOIN US

P.O. Box 895
Raymond Terrace NSW
2324
Ph.: 024987 1847
Email:
admin@fcansw.org.au

MISSION C.A.S.E

CARERS UNITE- For all NSW foster carers to unite into a powerful collective voice.

ADVOCATE- To advocate on behalf of foster carers & their families, & to form strong working partnerships with government & non- government organisations in support of a quality OOHC system.

SUPPORT- To provide peer support to foster carers, & to assist them to achieve the best possible outcomes for their foster children & families.

EDUCATE- To educate foster carers & raise awareness in the general public of the vital role of foster carers.

VISION

To provide **advocacy, support & information** to carers, that ensures they continue to receive the best support from their NGOs, allowing each child in care to achieve their full potential.

FCANSW welcomes & supports a culturally diverse community of foster carers who come from all different backgrounds & offer a wealth of experience.

What unites us, is the common goal we have in raising this next generation to reach their full potential.

HOW TO JOIN

Go to our membership application link on our website: www.fcansw.org.au.

Or, once posted a membership form contact us on (02) 4987 1847 or email
admin@fcansw.org.au

DATE	EVENT
Mon 3 Sept	Scripture Lessons
Mon 3 Sept	P&C Meeting @ 7.30pm
Tues 4 Sept	Visual Arts Body of Work due for corporate marking
Wed 5-7 Sept	ANU Indigenous Camp
Wed 5 Sept	Year 7 Vaccinations
Thurs 6 Sept	Masquerade Social 7-10pm
6-7 Sept	CHS Athletics
Fri 7 Sept	Legacy Fund Raiser
Mon 10 Sept	Brainstorm Productions
Tues 11 Sept	Leadership Assembly Period 5
Tues 11 Sept	ANU Chemistry Study Day
Wed 12 Sept	ANU English Study Day
12-20 Sept	Year 11 Yearly Examinations
Wed 19 Sept	RSA Course for Year 12
Thurs 20 Sept	RCG Course for Year 12
Fri 21 Sept	Year 12 Graduation Assembly
Fri 21 Sept	Last day of Term 3
Mon 8 Oct	Start of Term 4 for Year 7-11 students
8-12 Oct	Year 12 Exam Preparation Seminars
Tues 9 Oct	Year 11 Study Skills Day
Mon 15 Oct	HSC Exams Start Baptist Hall
Fri 19 Oct	CIT Try a Trade Day
29 Oct-2 Nov	Year 10 Common Testing Week
Click on the school website for the online calendar	
Remember Assessment tasks are also available on school website calendars	