



YASS HIGH SCHOOL

We value respect, responsibility, safety and learning.

Principal: Linda Langton Deputy Principals: Andrew Facer, Ruth Riach

20/03/2020

Dear Parents/Carers,

There is no doubt this past week has been difficult and stressful for everyone – students, teachers and families. As we continue to face the effects of the pandemic, we need to be mindful of our emotional wellbeing. Many in our community will be facing economic difficulties. Please contact the school if you need support. I personally thank all of our families and students who are working in supermarkets, chemists and other retail suppliers and in the medical and health care professions who are dealing with unprecedented demands.

I have been overwhelmed by how the staff at Yass High School have pulled together. They have been working hard to support students by continuing to deliver quality lessons at school while preparing for online and remote learning should schools close.

When so many aspects of life appear outside our control, our best approach is to keep calm and focus on what really matters. School will continue to be a calm place where students feel they belong and can learn. We are a strong community that has always worked together, helping those in need with kindness and care. Times like this allow us to show these qualities in the ways we interact with each other, both privately and publicly.

I have attached a factsheet from the APS (Australian Psychological Society) should you wish to learn more about coping with the anxiety brought about by COVID-19 or access any further support.

...and, in breaking news, there will be no NAPLAN in 2020.

Have a restful weekend.

Linda Langton

Principal